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Media Contact:

Brand Spoken Communications

(202) 271-4813

mediarelations@brandspoken.com

***Letting Go of the Status Quo: The Liberating, Exhilarating Journey of Two Women Who Reinvented Themselves (and Your Guide to Do the Same)*
by Simmons & Corso Available Now!**

New Book Provides Step-by-Step Plan to Harness Your Power to Change Your Life and Leap into the Life You Really Want to Live

(Washington, DC) March 20, 2013 – In the new book ***Letting Go of the Status Quo: The Liberating, Exhilarating Journey of Two Women Who Reinvented Themselves (and Your Guide to Do the Same)***, (Love Your Life Publishing; \$19.95; ISBN 978-1-934509-68-5), masters of reinvention and finding your authentic self Julie Simmons and Andria Corso have used their own challenges, changes, and transformations to craft a road map for every woman facing a major life change or longing for a change in her life.

“You can live the life you truly want to live. Reading this book is an important first step in reinventing yourself whether you are struggling with challenges like life after divorce, tackling a new career or fertility problems, or if you feel your life and career simply don’t fit with who you really are,” said Andria Corso, co-author and long-time executive leadership coach. “You don’t have to do or be what others expect. You can let go of the status quo, redefine success and create the life you’ve always wanted. We did it and we can show you how.”

Against the backdrop of the authors’ own reinventions *Letting Go of the Status Quo* tackles some of life’s most challenging turning points and the process of “letting go” with relatable stories, powerful questions and concrete steps to help you face your fears, find your truth and create the life of your dreams.

“We were compelled to share our stories so other women would know they aren’t in this alone. While all of us have unique lives, our struggles have common threads,” said Julie Simmons, co-author and human resources consultant. “We know our journeys of reinvention and the tools and techniques that helped us let go of the status quo will help others finally break free. It’s scary, but with the tools in this book it’s possible. You can’t imagine how rich the rewards can be for letting go, investing in yourself, and living your authentic life.”

About the Authors

Julie Simmons is a sought after speaker, author and entrepreneur, and the founder of Human Capital Strategic Consulting where she specializes in accelerating business performance through development of people. Julie's commitment to social responsibility includes holding various leadership positions in philanthropic, educational and business organizations. She and her family reside in Northern Virginia.

Andria Corso is an award winning executive leadership and career coach, author, and entrepreneur. She is the owner of C3 Coaching and Consulting where she helps Fortune 100 companies and their leaders to reach their highest potential. Andria lives in Virginia's horse and wine country. *Letting Go of the Status Quo* is her second book.

Review Copies & Author Interviews

Requests for review copies, author interviews and speaking engagements can be made by contacting Brand Spoken Communications at mediarelations@brandspoken.com.

About the Book

Letting Go of the Status Quo: The Liberating, Exhilarating Journey of Two Women Who Reinvented Themselves (and Your Guide to Do the Same)

By Julie Simmons and Andria Corso

ISBN: 978-1-934509-68-5

\$19.95; 242 pp; 9 x 6 x 0.6 inches

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